



Product Support Bulletin

Title: Installation Instructions for P0659048101

Date: June 28, 2006

The running bed springs on the 9.55 and C956 treadmills require lubrication to ensure quiet, normal operation. The clear colored bed springs included in this kit are firmer than the blue colored bed springs and should provide improved wear characteristics.

Tools Required:

- Allen wrench set
- Two running belt gauges
- Clean shop cloth or paper towel

Procedure:

1. Set the treadmill's circuit breaker (on/off switch) in the "off" position and remove the treadmill's line cord from the AC outlet.
2. Remove the four screws that retain the treadmill's hood and remove the hood.
3. Remove the four screws that retain both running bed end caps, remove both running bed end caps.
4. Remove the ten screws that retain both running bed trim strips, remove both running bed trim strips.
5. Place a running belt gauge on each side of the running belt. Do not place either gauge across the running belt seam. Set each gauge at mid-scale reading. Setting the gauge at mid-scale allows it to read in either direction. Care must be taken during the following steps to not disturb the running belt gauges. If either running belt gauge setting is altered, the running belt must be allowed to "relax" for 24 hours and a running belt alignment and tracking must be performed per the service manual.
6. Remove the two bolts that retain the take up (rear) roller and remove the take up roller from the treadmill.
7. The running bed may now be lifted off of its mounting tabs.
8. Wipe any residue off of the running belt stud with a clean shop cloth or paper towel.
9. Place some of the lubricant provided in this kit on the running bed stud and slide a replacement running bed spring onto the running bed stud. Rotate the running bed spring on the running bed stud several times to distribute the lubrication in the running bed spring and running bed stud.
10. Repeat the procedure in steps 7 – 9 with the remaining five running bed springs.
11. Replace both take up roller bolts and alternately tighten them until both running belt gauges read exactly the same as when they were set in step 5. Replace the treadmill's hood and fasten it with the screws removed in step 2.
12. Center the running belt on the running bed and place a small pencil mark on the running bed at each edge of the running belt. Plug the treadmill's line cord in the AC outlet and set the treadmill circuit breaker in the "on" position.



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13. Start the treadmill and set the speed for three miles per hours. Watch the running belt, if it starts to drift either right or left, compensate for the drift by adjusting one of the take up roller mounting bolts. Tightening the right hand bolt will cause the belt to move toward the left. Loosening the right hand bolt will cause the running belt to move toward the right. The left hand bolt will work the opposite of the right hand bolt. Alternate adjustments between the two bolts to minimize any change in running belt tension.
14. Repeat step 13 with the treadmill operating at six miles per hour and again at nine miles per hour.
15. Replace both running bed trim strips with the ten screws removed in step 4.
16. Replace both end caps with the four screws removed in step 3.